## Overviews 2023-2024 Year 10 Citizenship

	Week	W/C	Content
	1	28.08.23	Target Setting (SMART targets) and Revision Techniques
Half Term 1 [7 weeks]	2	04.09.23	Individual Liberty- Understanding Human Rights
	3	11.09.23	Individual Liberty- Human Rights Case Studies
	4	18.09.23	Individual Liberty- Amnesty International Campaigns
	5	25.09.23	Individual Liberty- Human Rights and the Death Penalty
	6	02.10.23	Wellbeing - Influences on our Health
	7	09.10.23	Wellbeing- Supporting Healthy Behaviours
			HALF TERM 1
Half	8	23.10.23	Wellbeing- Dealing with stress
	9	30.10.23	Wellbeing- Sleep
	10	06.11.23	Wellbeing- Body Image
	11	13.11.23	Rule of Law - Understanding and Preventing Extremism
Term 2	12	20.11.23	Rule of Law- How Can Language Divide Us?
[9 weeks]	13	27.11.23	Rule of Law- How we can Influence Extremism
	14	04.12.23	Kooth Assembly – 9.30-9.50am Rule of Law- Helping our Community
	15	11.12.23	Rule of Law- County Lines and CSE
	16	18.12.23	World Issues- Israel and Palestine
			CHRISTMAS
Half Term 3 [6 weeks]	17	08.01.24	Democracy- UK Political System Revision and Other Systems of Government
	18	15.01.24	Democracy- UK Devolution
	19	22.01.24	Democracy- UK Manifestos and Election
	20	29.01.24	Wider World- Migration
	21	05.02.24	Wider World-World Organizations
	22	12.02.24	First Aid- Alzheimer and Dementia (External Speaker Rotation)
			HALF TERM
Half Term 4 [4 weeks]	23	26.02.24	First Aid- First Aid- CPR and Primary survey
	24	04.03.24	First Aid- Practical Lesson (External Delivery Rotation)
	25	11.03.24	First Aid- Bleeding and Shock
	26	18.03.24	First Aid- Breaks and Strains
			EASTER
Half Term 5 [7 weeks]	27	08.04.24	First Aid- Choking
	28	15.04.24	Being Safe- Equality
	29	22.04.24	Being Safe- Sexism and Harassment
	30	29.04.24	Being Safe- Social Media
	31	06.05.24	Finance- Introduction
	32	13.05.24	Finance- Budget Game
	33	20.05.24	Finance- Money Skills- WizeUp Education (External Speaker Rotation)
			HALF TERM
Half Term 6 [6 weeks]	34	03.06.24	Wider World- Nuclear Weapons
	35	10.06.24	Careers- CV Writing
	36	17.06.24	Careers- Personal Statement and Post 16 Options
	37	24.06.24	Careers- Interview Technique
	38	01.07.24	Careers- Focus on NHS
	39	08.07.24	Careers- Work Experience Preparation- Top Tips for the Workplace